



Debbie Macomber New Year Goals Worksheet

1. Favorite Food
 2. Best Friend
 3. Favorite Activity
 4. Favorite Sport
 5. Places you'd most like to travel
- 



List three things you'd like to experience in 2019.

1.

2.

3.

List three non-fiction books you want to read in 2019.

1.

2.

3.


List three things about yourself you want to improve in 2019.

1.

2.

3.





Write out your goals for 2019 in the following categories:

1. Spiritual Goals:

2. Family Goals:

3. Attitude (Mental) Goals:

4. Physical Goals:

5. Career Goals:

6. Recreational Goals:

7. Financial Goals:

